

**INSTRUCTIONS AND INFORMATION FOR THE
2009 NORTHWEST DISTRICT LIMA SECTION V
GIRLS DIVISIONS I & II AND BOYS DIVISIONS I & II
SWIMMING & DIVING MEET**

LOCATION: Lima Family YMCA, 345 South Elizabeth Street, Lima
DATE: Diving: Friday, February 13, 2009
Swimming: Saturday, February 14, 2009

Please refer to the OHSAA and the NW District web sites for additional Meet and Entry Information.

ALL entries and forms must be sent to the District Meet Manager.
Do not send to the Sectional Manager.

Participant passes will be available on the morning of the meet with the Coach's packet at the ticket sales or at the concession stand. These passes are necessary to gain access to the pool deck.

For swimming, no bags, coats, etc. will be permitted in the pool area. Each team will be assigned an area where these things may be left.

Parking:

A. Buses should enter the YMCA driveway from Elm Street to unload the Coaches and swimmers at the YMCA main entrance. Buses may park in the parking lot directly across from the YMCA or the parking lot located at the Southwest corner of West Spring Street and South West Street (PREFERRED).

B. Spectators should park in the lots West of South Elizabeth Street and NOT IN THE MAIN YMCA PARKING LOT. THESE CARS WILL BE TOWED.

Diving Schedule:

4:00 P.M.	Doors open to Viewing Stands and Pool for Diving
4:15 - 5:55 P.M.	Diving warm-ups
5:00 P.M.	Coaches' Meeting
6:00 P.M.	Begin Diving Competition

Swimming Schedule:

- 9:00 A.M. Doors open to Viewing Stands and Pool for Swimming
9:30 - 10:50 A.M. Swimming warm-ups
10:00 A.M. Coaches Meeting
11:00 A.M. Begin competition of timed finals.

- Order of Events:**
1. 200 yard Medley Relay
 2. 200 yard Freestyle
 3. 200 yard Individual Medley
 4. 50 yard Freestyle
 5. 100 yard Butterfly
 - 15 minute break to simulate state meet
 6. 100 yard Freestyle
 7. 500 yard Freestyle
 8. 200 yard Freestyle Relay
 9. 100 yard Backstroke
 10. 100 yard Breaststroke
 11. 400 yard Freestyle Relay

Coaches Information:

A. TWO HEAT SHEETS WILL BE PROVIDED TO EACH SCHOOL. Additional heat sheets may be purchased at the concession stand. Please pick them up prior to the coaches meeting at the concession stand and review them for accuracy.

B. All schools with contestants must have a coach or designated representative on the deck during the meet. All schools with swimming contestants must have a coach or designated representative at the coaches meeting. Because of the size of the room, please, **ONLY ONE REPRESENTATIVE PER TEAM AT THE MEETING.**

C. Scratches are to be identified at the coaches meeting. **THERE WILL BE NO RESEEDING OF THE MEET DUE TO SCRATCHES OR ERRORS!**

D. There will be no times or lanes assigned to individual teams for warm-ups. There will be no diving off the blocks until lanes are opened for sprinting by the meet referee. **SPRINTING WILL BE ONE WAY ONLY!**

E. Swimming events will be run with each girl's event first, followed by the boy's event.

F. Scoring will be to sixteen places in accordance with the Federation Rules.

G. All swimmers should stay in the areas designated for swimmers or the pool area. If a swimmer is found in areas designated as "off limits", the **swimmer will be disqualified from the meet. NO SWIMMERS WILL BE PERMITTED IN THE SPECTATOR VIEWING AREA UNLESS THE SWIMMER HAS PURCHASED A TICKET. PLEASE ADVISE YOUR SWIMMERS THAT THIS WILL BE GROUNDS FOR REMOVAL FROM THE MEET.**

H. Coaches are responsible to see that their team area and deck area is clean after the meet is complete.

I. There is no insurance coverage for personal or property damage. If there is damage to the facility, the school or schools causing the damage are liable and must pay the cost of repair or replacement.

J. **Concessions are available during the swimming meet only.**

K. **The YMCA has a strict policy that NO FOOD OR DRINK IS PERMITTED OUTSIDE OF THE CONCESSION AREA. This applies to both participants and spectators. Anyone caught with food or drink outside of the concession area will be asked to leave the premises without refund and/or PARTICIPANTS WILL BE DISQUALIFIED FROM FURTHER PARTICIPATION.**